

Professor Wang Xiaoyan's Experience in Treating Dementia

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Abstract: Dementia is a common Psychiatric disease, especially in the elderly group of high incidence, Professor Wang Xiaoyan thinks that the pathogenesis of this disease is the deficiency of upper qi, Yang qi can not access the brain body, the etiology is divided into two categories, including deficiency syndrome is divided into weak temper, kidney essence deficiency, positive syndrome is divided into phlegm turbidity and upper confusion, Yang Ming dry heat, etc. Clinical patients are mostly mixed with deficiency and reality, need to distinguish the primary and secondary, dialectical treatment, remarkable effect.

Keywords: Dementia; Experience of Famous Doctors; Wang Xiaoyan; Dialectical Treatment

Introduction

Jiebin Zhang made a systematic discussion on the etiology, pathogenesis and symptoms of dementia in the Book of Jingyue · Miscellaneous Syndrome Mo ^[1], "Dementia, usually without phlegm, gradually leads to dementia by stagnation, failure, deliberation, confusion, or panic. The words are reversed, the actions are irregular, or excessive sweating, or suffering from anxiety, and the symptoms are numerous and strange. Pulse will be or string, or number, or large, or small, change is not often". Shiduo Chen analyzed the etiology of dementia in "Record of Syndrome Differentiation · Volume 4", "About its beginning, from the depression of liver qi; In the end, because of the failure of the stomach qi. Liver depression is wood soil, and phlegm can not be transformed; Stomach failure is soil water, and phlegm can not be eliminated. So phlegm accumulation in the chest, entrenched in the heart, so that the gods are not clear, and into the disease." The treatment method of "opening Yu to expel phlegm and strengthening stomach ventilation" was put forward. Qingren Wang put forward in "Medical Forest Correction · Brain Theory" that "children have no memory, the brain is not full; High years have no memory, brain gradually empty". It is believed that the cause of infantile dementia and senile dementia is the empty myeloid sea. The dementia of Chinese medicine is a broad dementia with idiocy as the main clinical manifestation. Including modern medicine of congenital brain hypoplasia, vascular dementia, Alzheimer's disease, intracranial organic diseases and due to infection, poisoning, trauma, metabolic diseases caused by central nervous diseases caused by cognitive disorders.

Xiaoyan Wang, master supervisor of Shaanxi University of Traditional Chinese Medicine, a famous TCM in Shaanxi Province, the first famous TCM in Xi'an, and the discipline leader of encephalopathy in Xi'an Hospital of Traditional Chinese Medicine, has engaged in more than 30 clinical and scientific research works, especially in the field of encephalopathy and internal injuries and miscellaneous diseases. The author has the honor to learn from Professor Wang, with the teacher clinic, teacher Cheng carefully taught, now Professor Wang's experience in the treatment of dementia is summarized as follows.

In traditional Chinese medicine, Professor Wang believes that the pathogenesis of this disease is always due to deficiency of upper qi, Yang Qi cannot access the brain, and the disease location is mainly in the brain, and the causes of

deficiency of upper qi are divided into two categories, among which the deficiency syndrome is divided into weakness of temper, deficiency of kidney essence, and the positive syndrome is divided into phlegm turbidness and upper confusion, Yang Ming dry heat and so on. The general treatment is qi lifting, reinforcing deficiency and reducing deficiency. Virtual is filled successively two days, fill kidney essence, tonifying temper; In fact, dispelling cold and dehumidification, clearing Yang and Ming desiccation heat, etc. Clinically, patients are often mixed with deficiency and substance, deficiency and substance, so at the same time, attention should be paid to not hurt Zhengqi and solidified to protect Benqi.

1. Syndrome of weak temper

The spleen and stomach is the source of acquired Qi and blood biochemistry. "Plain ask · Meridian" said: "Drink into the stomach, overflow qi, on the spleen, spleen loose essence, on the lung, through the channel, the bladder, water essence four cloth, five parallel." "A Treatise on the Secret Scriptures of the Plain Man Linglan" says, "The spleen and stomach are the officials of granary storage, and the five flavors are out." "The spleen and stomach is located in the middle coke, the main receiving, rotting water, produce fine matter, constantly nourish the whole body. The subtle substances of the spleen and stomach are injected upward into the brain through the meridians to fill the brain and make it play the normal role of the main spirit and wisdom. Professor Wang Xiaoyan used Lizhong Decoction and Shengjin decoction for dementia with syndrome of temper weakness. Lizhong decoction focuses on the jiao spleen and stomach in the center of the circle, warms and vibrates the jiao Yang qi in the middle, eliminates the cold and dampness in the middle earth, makes the central axis run, the axis moves the wheel, the four wheels rotate accordingly, and the whole circle movement can proceed normally, so that the evil that has left its position can return to its position and the body can restore the circular motion state. The stomach often declines, the spleen often rises, the stomach qi drops, the upper qi drops, the temper rises, the lower qi rises, the middle qi rises and rises, and all the diseases are cured [2].

2. Syndrome of insufficient kidney essence

"Lingshu · Meridia" said: "The beginning of human life, the first to become essence, essence and brain marrow. The essence of the kidney is to nourish the bone marrow. Kidney essence foot, the pulp function is strong, pulp Wang brain marrow enrichment, Shenji intelligent; The deficiency of kidney Yin leads to insufficient production of qi, while the deficiency of pith sea and air leads to the loss of brain and the loss of divine machinery [3]. The brain is the blood of the five Zang Qi, and the pith is gathered in the brain, which is the gathering place of the essence. The formation of the brain depends on the synthesis of the congenital essence, the replenishment of the kidney essence, and the replenishment of the pulp sea. "The head is the house of wisdom", the brain is empty, God has no return, memory decay. Professor Wang used Sini Decoction combined with kidney Siwei for dementia with syndrome of kidney deficiency. Sini Decoction warming Shaoyin deficiency cold, Yang Qi to warm nourishing kidney essence. Kidney four from "Li Ke old Chinese medicine acute severe difficult disease experience album", wolfberry, cuscuta sex flat, psoralea, epimedium sex temperature. The whole four kinds of medicine is slightly warm. From the effect point of view, psoralea, epimedium, cuscuta seed three medicines tonifying kidney Yang, wolfberry tonifying kidney Yin. Yin and Yang double complement, with Yang as the main, reflects the concept of seeking Yang in Yin, seeking Yin in Yang, Yang master Yin from. The four medicines are used in combination, as Li Lao said, "The four medicines enter the liver and kidney with peaceful properties, warm but not dry, moist but not greasy. Tonifying kidney essence, drumming kidney qi, warming Yang without the disadvantages of cinnamon, nourishing Yin without the disadvantages of ripe land" [4].

3. Syndrome of turbid phlegm and upper disturbance

Phlegm turbidized for the human body water and liquid transport disorders, its good cohesion, easy to confuse the mind,

disturb the gods and show symptoms of dementia. Among the many risk factors that lead to dementia, drinking and smoking are easy to help fire burning jin to phlegm, and hypertrophy is easy to trap the spleen Yang so that the spleen is lost and the phlegm is turbidized, thus obstructing the brain's qi machinery and blinding the Qingqiao. In the Secret Record of the Stone Room, Shiduo Chen of Qing Dynasty summed up the pathogenesis of stupor disease as "phlegm potential is the highest and stupor is the deepest". Professor Wang used Sansheng Yin for dementia with phlegm turbid and upper disturbance syndrome. This kind of patient sputum turbid upper disturbance as the standard, Yang qi weakness as the basis, this prescription to expel phlegm to warm Yang, first remove its standard, then solidified its roots.

4. Hot and desiccant syndrome of Yangming

"Su Wen · Yin Yang yin xiang Big Treatise" cloud: "Strong fire qi decline, little fire qi strong. Strong fire food Qi, Qi food less fire. Strengthen fire and dissipate air, and reduce fire and anger."^[5] "Zhuang Huo" is the fire of overactivity in the body, pathological evil fire, burnt burning of healthy qi, and then dissipating kidney essence. Insufficient Qi, blood and body fluid can not be filled with brain orifice. Because Qing reduces the dry heat of Yang Ming, Yang Ming restoration of the main acceptance, rot function. Professor Wang ses Baihu plus ginseng soup to reduce the dry heat of Yang Ming and protect the middle Qi from damage.

5. Summary

At present, conservative treatment is still the main treatment for dementia at home and abroad. The current therapeutic means, whether drug or surgical treatment, can only improve the symptoms of patients, but can not stop the development of the disease, let alone cure. TCM has excellent curative effect on the treatment of dementia. Professor Wang guides the syndrome differentiation and treatment of dementia with the theory of "Qi monism" through syndrome differentiation and treatment, which can effectively guide the clinical diagnosis and treatment of TCM.

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